

Lap Lane Availability

Program Pool (25m) - Week Starting 09/12/2024

Time	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
5:30am – 6am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
6am – 7am	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
7am – 8am*	4 x 25m	4 x 25m	3 x 25m	4 x 25m	3 x 25m	4 x 25m	4 x 25m
8am – 9am	0 x 25m	0 x 25m	3 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m
9am – 10am	3 x 25m	4 x 25m	Carnival	Carnival	3 x 25m	0 x 25m	0 x 25m
10am – 11am	3 x 25m	Schools	Carnival	Carnival	3 x 25m	0 x 25m	0 x 25m
11am – 12pm	0 x 25m	Schools	Carnival	Carnival	0 x 25m	0 x 25m	0 x 25m
12pm – 1pm	0 x 25m	Schools	Carnival	Carnival	0 x 25m	0 x 25m	0 x 25m
1pm – 2pm	4 x 25m	4 x 25m	Carnival	Carnival	4 x 25m	0 x 25m	0 x 25m
2pm – 3pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	3 x 25m	3 x 25m
3pm – 4pm*	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	3 x 25m	3 x 25m
4pm – 5pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	3 x 25m	3 x 25m
5pm – 6pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	4 x 25m	4 x 25m
6pm – 7pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	4 x 25m	4 x 25m
7pm – 8pm	0 x 25m	0 x 25m	0 x 25m	0 x 25m	0 x 25m	CLOSED	CLOSED
8pm – 9pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED
9pm – 9:15pm	4 x 25m	4 x 25m	4 x 25m	4 x 25m	4 x 25m	CLOSED	CLOSED

Please be advised that we are hosting our Schools Program throughout this Tuesday from 10:00am-1:00pm. During this period, no lanes will be available in our Program Pool, and Aqua Aerobics has been moved to 2:00pm.

Please be advised that we will be hosting School Carnivals this coming Wednesday and Thursday (11/12 & 12/12). There will be no access to the Aquatic facilities between 9:00am-2:00pm. Swimming Lessons will continue as normal, and Aqua Aerobics has been moved to 2pm

*Lap lanes will be changed at approx. 7:45am, 11:30am, 1:30pm & 3:00pm in preparation for various programs throughout the day.

Lap Lane Availability

Competition Pool (50m) - Week Starting 09/12/2024

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5:30am – 6am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m	CLOSED	CLOSED
6am – 7am	3 x 50m	8 x 25m	8 x 25m	3 x 50m	3 x 50m	CLOSED	CLOSED
7am – 8am	3 x 50m	16 x 25m	8 x 25m	3 x 50m	3 x 50m	8 x 25m	8 x 50m
8am – 9am	8 x 50m	16 x 25m	16 x 25m	8 x 50m	8 x 50m	13 x 25m	8 x 50m
9am – 10am	8 x 50m	16 x 25m	Carnival	Carnival	8 x 50m	13 x 25m	7 x 50m
10am – 11am	8 x 50m	14 x 25m	Carnival	Carnival	8 x 50m	13 x 25m	7 x 50m
11am – 12pm	8 x 50m	14 x 25m	Carnival	Carnival	8 x 50m	13 x 25m	7 x 50m
12pm – 1pm	16 x 25m	14 x 25m	Carnival	Carnival	8 x 50m	13 x 25m	7 x 50m
1pm – 2pm	16 x 25m	16 x 25m	Carnival	Carnival	8 x 50m	13 x 25m	7 x 50m
2pm – 3pm	16 x 25m	16 x 25m	16 x 25m	8 x 50m	16 x 25m	13 x 25m	7 x 50m
3pm – 4pm	14 x 25m	14 x 25m	14 x 25m	6 x 50m	14 x 25m	8 x 50m	8 x 50m
4pm – 5pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
5pm – 6pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
6pm – 7pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	6 x 25m	8 x 50m	8 x 50m
7pm – 8pm	6 x 25m	6 x 25m	6 x 25m	3 x 50m	14 x 25m	CLOSED	CLOSED
8pm – 9pm	8 x 25m	6 x 25m	8 x 25m	6 x 50m	16 x 25m	CLOSED	CLOSED
9pm – 9:15pm	16 x 25m	8 x 25m	8 x 50m	8 x 50m	16 x 25m	CLOSED	CLOSED

***No recreational swimming will be allowed in the 50m Pool during our peak periods during the week (3:00pm-7:30pm). Lap swimming will only be allowed at this time.**

Please be advised that we will be hosting School Carnivals this coming Wednesday and Thursday (11/12 & 12/12). There will be no access to the Aquatic facilities between 9:00am-2:00pm.

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide. This will ensure all centre users can experience the best possible visit.